

Summer

CAMPS 2009



New this year....St-Laurent Academy
Specialty Summer Camps!

St-Laurent Academy 2009 Specialty Summer Camps: June 15 - July 31.

| | | | | | |
|------------------|---------------------------|-----------------------------|--------------------------------------|----------------------------|------------------------------|
| June 15 - 19 | KinderCamp (4-5 years) | Tae Kwon Do (6-9 years) | Tae Kwon Do (10-14 years) | | |
| June 22 - 26 | KinderCamp (4-5 years) | Joy of Music (6-9 years) | Rock-On (10-14 years) | Pottery (6-9 years) | Tae Kwon Do (10-14 years) |
| June 29 - July 3 | KinderTKD (4-5 years) | Dance (6-9 years) | Pottery (10-14 years) | Sports (6-12 years) | Rock-On (10-14 years) |
| July 6 - 10 | KinderCamp (4-5 years) | Sports (6-12 years) | Art (10-14 years) | Drama (10-14 years) | Tae Kwon Do (6-9 years) |
| July 13 - 17 | KinderTKD (4-5 years) | Drama (6-9 years) | Cycling The Capital (10-14 years) | Dance (10-14 years) | Tae Kwon Do (6-9 years) |
| July 20 - 24 | KinderCamp (4-5 years) | Joy of Music (6-9 years) | Girls Club (6-14 years) | Rock-On (10-14 years) | Tae Kwon Do (6-9 years) |
| July 27 - 31 | KinderART (4-5 years) | Girls Club (6-14 years) | Macoun Marsh (8-14 years) | Triathlon (10-14 years) | Survivor (9-12 years) |



2009

TAKE ADVANTAGE OF OUR SPECIAL FAMILY & FRIENDS
REGISTRATION PERIOD UNTIL MAY 22.

The Writer's Workshop

(11-14 years)

June 22-26

The Writer's Workshop will be taught by Anne Cauley, St-Laurent Academy's Resource Language Specialist. Campers will spend the morning developing their writing skills, and learning "dress-ups" to bring their writing to life. A variety of writing styles, both fiction and non-fiction will be explored as a group, and individually students will produce a book of writing by the end of the week.

Afternoons will be spent doing traditional camp activities, both indoors and out. Campers will visit the Marsh, and a community pool. This workshop will be equally good for aspiring or struggling writers.

Available as a half day (8:30 - 11:30), or full day camp. Additional sessions can be booked directly with Anne Cauley.

Specialty Camp Descriptions

KinderCamp (4-5 years)

Special activities geared for 4 and 5 year olds including arts & crafts, music and movement, games, outdoor activities, waterplay, and storytime. A special trip to Macoun Marsh is planned. Our Kinder specialist, Laurine Bergeron-Hamel, has led three previous camps for kindergarten-aged children, and is also a professional Dance Instructor. KinderCamps are available as half day, or full day camps.



KinderTKD (4-5 years)

Same fun activities as KinderCamp with 1.5 hrs daily of Tae Kwon Do by New Wave Tae Kwon Do in the afternoon. Available as half day (1:00 p.m. - 4:00 p.m.) or full day camps.

KinderART (4-5 years)



Same fun activities as KinderCamp as well as 2 hours daily with our Art Specialist in the afternoon. Available as half day (1:00 - 4:00 p.m.), or full day.

Tae Kwon Do (6-9,10-14 years)

New Wave TKD will lead martial arts practice for half the day. The remainder of the day campers will participate in outdoor activities, sports, games and arts & crafts. Campers will visit the Marsh and a community pool.

Joy of Music (6-9 years)

A variety of all things musical, exploring a range of musical genres, and some not so ordinary instruments! Our specialist, Paul Grant, is a musician, and an experienced Music Camp Leader. Children with portable instruments are welcome to bring them, but they are not essential. No musical experience is necessary. Campers will visit the Macoun Marsh, and a community pool.



Pottery (6-9, 10-14 years)



Gloucester Pottery School will teach campers techniques for hand built pottery. They have been teaching children (and adults) pottery for more than 25 years, and are experts at helping children find their unique creativity. Every camper will produce 3-5 pieces of glazed and fired pottery. No experience necessary.

Sports (6-12 years)

For active campers - a different sport each day. Headed by St-Laurent Academy teacher Mr. Forsyth, who holds a degree in Physical Education, and is a true sports fanatic! Sports could include: Floor Ball hockey, Ultimate Frisbee, Soccer, Badminton, Rugby, Bowling, Touch Football, Tennis, and some less known, but very entertaining games.

Specialty Camps

Campers will spend half of their day immersed in their specialty. The remainder of the day campers will participate in outdoor activities, sports, games and arts & crafts.

Girls Club (6-12 years)



Hosted by St-Laurent Academy's, Ms. Mandel, of Girls Club fame. This camp offers a variety of arts & crafts, dance, fitness

and fun, designed especially for girls. Campers will visit the Macoun Marsh and a community pool.

Drama Camp (6-9, 10-14 years)

Campers will write and perform their own play, while practicing tableau, improv, voice projection, and blocking. Elements of musical theatre, will also be introduced. Their play will be performed during our Friday Camper Show. Our Camp Specialist Paul Grant has led Drama and Music Camps, and is a musician. Campers will visit the Marsh and a community pool.

Dance Camp (6-9, 10-14 years)

Laurine Bergeron-Hamel, a professional Dance Instructor, will introduce campers to a variety of dance styles which may include: Latin, Creative and Free Flow Movement, Line Dance, Ballroom Dance as well as Hip Hop and Jazz.

To Register:

There are 3 ways to register:

1. In Person

Simply drop off your registration forms and camp fees at our school reception. Payment by credit card, or cheque made payable to ASLA.

2. By Mail

Mail your registration form along with camp fees to:
St-Laurent Academy
415 St-Laurent Boulevard
Ottawa, ON, K1K 2Z8

3. By Phone

You may reserve spaces by calling Christina Dickson at 613-842-9989. Payment by credit card only over the phone.

All camps will proceed with a minimum of 5 registered campers.

FOR MORE INFORMATION

Please contact Christina Dickson at 613-842-9989, or cdickson.aslaelementary@gmail.com

Special Registration
Period For Families &
Friends until May 20th.

Spaces are reserved upon payment.



Discover species at Macoun Marsh Camp.



Macoun Marsh Camp (8-14 years)

Led by St-Laurent Academy's Award Winning Science Teacher Mr. Levéillé, campers will visit the Macoun Marsh daily to collect and identify species, and explore journaling through art and photography. Each Camper will create a Nature Journal as a keepsake for the week. Campers with digital cameras may bring them, but they are not necessary.

Art Camp (10-14 years)



Campers will learn about famous artists while creating their own masterpieces in paint, pastels, pottery, and two dimensional artwork. A visit to the Marsh, and a community pool are planned. Jan

Soetermans, our Art Specialist is a Graphic Designer, Artist, and has led children's art workshops for the past 3 years.

Rock-On (10-14 years)

An exploration of rock music from the 60's to the 00's, with St-Laurent Academy's music teacher Mr. Cousineau. Our young musicians will be jammin' and chillin', both in and out of the music room. Campers with guitars or other instruments are encouraged to bring them. A keyboard will be available at the school. Campers will visit the Macoun Marsh and a community pool.

Cycling The Capital (10-14 years)

Mr. Grove, St-Laurent Academy's own Historic Tour Guide (and Social Studies Teacher) will lead 5 bicycle excursions (weather permitting) to discover and explore sites of historical and cultural interest in Ottawa. Sites will include Parliament Hill (with the Changing of the Guard ceremony), Government House and the grounds of Rideau Hall, the National Aviation Museum, the Byward Market area, and Petrie Island. Participants must bring their own bicycle, helmet and lock. Cameras are recommended. Maximum of 10 participants.

Triathlon Camp (10-14 years)



Coached by a St-Laurent Academy parent, Melanie Claude, a past Commonwealth Games

Competitor. Campers will train to run, cycle, and swim. The week will culminate in a fun race. Participants must bring their own bicycle, helmet, and lock. Maximum of 10 participants

Survivor Camp (10-14 years)

St-Laurent Academy's Mr. Gagnon, of Boys Club fame, will teach our young urban dwellers about camping and outdoor survival skills. An overnight camping trip is planned for Thursday. Campers will visit the Macoun Marsh, and a community pool. Open to both girls and boys.



The Friday Camper Show

Every Friday parents are invited to join us from 3:00-4:00 p.m., while our Campers proudly display their productions, artwork and projects.

Swimming/WaterPlay

For the safety of campers, all swimming will be done at community pools or beaches with lifeguards present. Children younger than 9 will be in wading pools only, and/or will participate in fun outdoor waterplay.

Camp Hours

Regular camp hours are from 8:30 a.m. - 4:30 p.m.

Pre & Post Care

Pre & post care: Pre Care will be available from 7:30 - 8:30 a.m., and Post Care will be available from 4:00 - 5:30 p.m. Additional charges apply.

Outdoor/Active Play

Rest assured, we'll make sure your children are not cooped up indoors. Whether

at the park, or the Marsh their days will be filled with outdoor and active pursuits.

Facilities

St-Laurent Academy Elementary & Junior High is an air conditioned facility with a gym, 10 classrooms, an art and a music room. Our campers will enjoy the beautifully shaded park adjacent to our school, as well as the Macoun Marsh, and our Outdoor Classroom directly across the street.



415 St. Laurent Boulevard,
Manor Park, Ottawa.

613-842-9989

www.st-laurentacademy.com

Camp Staff

Camp staff have First Aid and CPR training, and a negative criminal record.

Camp Coordinator

Mr. Gagnon, St-Laurent Academy's French, and Drama teacher will be overseeing all of our camp activities. In addition to his teaching experience, Mr. Gagnon has extensive summer camp experience. He will be on site at our Manor Park Campus daily.

Camp Specialists/Leaders

All our Camp Leaders are mature Specialists and/or Teachers, who are experienced in leading children's programming.

Camp Assistants

Our camp counsellors are full of energy and creative ideas. They will provide lots of fun and memorable activities for the campers.

Leaders In Training (L.I.T.s)

Youth aged 14-15, will be trained by Mr. Gagnon as well as benefiting from the direction of Camp Leaders. This program is an excellent opportunity to gain some experience as camp counsellors. Certificates will be given at the end of the week. These are volunteer positions, and are not factored into ratios.

Ratios

KinderCamp will be 8:1 with a maximum of 16 campers, All other Camps are 10:1, with a maximum of 20 campers (unless specified).



All camps are nut free.

REGISTRATION FORM

Please complete a separate registration form for each camper to reserve spaces in our Summer Camp Programs. Spaces are considered reserved upon receipt of camp fees. Confirmation of your space, and Information packages will follow.

CAMPER INFORMATION

Name: _____

Age as of June 15: _____ Male Female

PARENT INFORMATION

Name: _____

Mailing Address: _____

Phone Number: _____

Refund Policy

There are no refunds on camp fees, with the exception of a doctor's note stating your child cannot participate for medical reasons.

CAMP HOURS: 8:30-4:00

PRE CARE: 7:30-8:30 A.M.

POST CARE: 4:00-5:30 P.M.

June 15-19

KinderCamp (4-5)

- Full Day (8:30-4:00) \$150
- AM (8:30-11:30) \$75
- PM (1:00-4:00) \$75
- Tae Kwon Do (6-9) \$165
- Tae Kwon Do (10-14) \$165

June 22-26

KinderCamp (4-5)

- Full Day (8:30-4:00) \$150
- AM (8:30-11:30) \$75
- PM (1:00-4:00) \$75
- Joy of Music (6-9) \$165
- Rock-On (10-14) \$165
- Pottery (6-9) \$215
- Tae Kwon Do (10-14) \$165

Writer's Workshop (11-14)

- Full Day (8:30-4:00) \$175
- Half Day (8:30-11:30) \$120

July 29-July 3 (no camp on July 1)

KinderTKD (4-5)

NOTE: TKD in PM

- Full Day (8:30-4:00) \$132
- AM (8:30-11:30) \$60
- PM (1:00-4:00) \$72
- Dance (6-9) \$132
- Pottery (10-14) \$172
- Sports (6-12) \$140
- Rock-On (10-14) \$132

July 6-10

KinderCamp (4-5)

- Full Day (8:30-4:00) \$150
- AM (8:30-11:30) \$75
- PM (1:00-4:00) \$75
- Sports (6-12) \$175

- Art (10-14) \$200
- Drama (10-14) \$175
- TaeKwon Do (6-9) \$165

July 13-17

KinderTKD (4-5)

NOTE: TKD in PM

- Full Day (8:30-4:00) \$165
- AM (8:30-11:30) \$75
- PM (1:00-4:00) \$90
- Drama (6-9) \$175
- Cycling The Capital (10-14) \$185
- Dance (10-14) \$165
- Tae Kwon Do (6-9) \$165

July 20-24

KinderCamp (4-5)

- Full Day (8:30-4:00) \$150
- AM (8:30-11:30) \$75
- PM (1:00-4:00) \$75
- Joy of Music (6-9) \$165
- Girls Club (6-14) \$175
- Rock-On (10-14) \$165
- Tae Kwon Do (6-9) \$165

July 27-31

KinderART (4-5)

NOTE: Art in PM

- Full Day (8:30-4:00) \$175
- AM (8:30-11:30) \$75
- PM (1:00-4:00) \$100
- Girls Club (6-14) \$175
- Macoun Marsh (8-14) \$175
- Triathlon (10-14) \$165
- Survivor (9-12) \$220



Total camp fees due:

Pre Care: \$10/wk

Post Care: \$10/wk

Total Post/Pre care due:

GRAND TOTAL

(payable by Credit Card or Cheque made out to ASLA)

FOR OFFICE USE ONLY

Payment Date/Office initials:

Credit Card Cheque